## **Blessed Trinity Food Pantry Programs**

Ever wonder what goes on at the food pantries which you support? We would like to give you a little info:

## **Blessed Trinity Food Pantry:**

The pantry distributes between **240 - 320** bags of food each month. Every bag that is packed contains the same items – the only difference is the number of canned goods. Since we require an appointment, we are able to pack based on the family size and the canned goods in each bag are based on the number of servings.

Our families are broken down into 3 groupings:

Family consisting of 1-2 individuals
Family consisting of 3-4 individuals
Family consisting of 5 or more individuals

The pantry only stocks specific items – the majority of which are purchased from the Akron-Canton Regional Foodbank. These items are:

Canned:

green beans; corn; baked beans; beef chili; beef ravioli; tuna fish; chicken noodle soup; spaghetti sauce (not tomato sauce) and a canned fruit item.

soup, spagnetti sauce (not tomato sauce) and a canned fruit item.

All of the canned items (with the exception of the soup) are 15-16 ounces - the soup is 7.5 ounces

Spaghetti noodles (16 ounces)
Toilet paper and bar soup

We also distribute produce and fruit which is obtained from the Akron Canton Regional Foodbank.

The meat bag that is distributed contains:

Chicken; ground beef; cheese; beef; pork; hot dogs (if available); fish (if available) The food and meat bags provide for a minimum of 3 days worth of meals.

We also serve a refugee population. These families are not acclimated to canned foods. They receive a bag of meat based on their preference and 10 pounds of rice each month (900 pounds of rice is distributed every month!) as well as the toiletries and 1 pound package of dried black beans.

## **Christ the King Mobile Pantry:**

This pantry distributes between **75-100** bags consisting of both canned items and meat every 3<sup>rd</sup> Saturday of the month. The packages are delivered to the homebound and also provide up to 3 days worth of meals.

## **North High Pantry:**

The emergency pantry at North High School provides up to 4 meals for those students who request it. In addition, they provide **61+** food packages every Friday to ensure that at risk students have sustenance on the weekends.

We appreciate all that our faith community does to keep us able to assist those in need. Any amount of monetary donation is appreciated and is used to cover the food purchased by all 3 pantries. Our primary source for food is to purchase it from the Akron Canton Regional Foodbank. However, if you prefer to donate items, please review the items indicated above – we have learned over the years that these are the items that are preferred. Items other than the above cannot be distributed until we have enough to pack a few items for every family that we are serving. In addition, we cannot use large cannot items – they do not pack well.